



Lok Sin Tong Leung Kau Kui College
Parents' and Teachers' Association Limited

(Ref: PTA2526014E)

2 January 2026

Dear Parents/Guardians,

**Narcissus Bulb Carving Technique &
Fun with Traditional Chinese Medicine – Health-Promoting Soup Therapy Workshop**

The Parents' and Teachers' Association (PTA) will organize the "Narcissus Bulb Carving Technique Workshop" & "Fun with Traditional Chinese Medicine – Health-Promoting Soup Therapy Workshop". We cordially invite parents and their children to participate in these workshops. The first session will be conducted by the school teacher, Miss Wong Shuk Ha, who will demonstrate the correct method of carving narcissus bulbs to ensure they can continue to grow healthily and bloom. Another session will be conducted by a registered Chinese Medicine Practitioner, who will teach participants how to prepare health-promoting soups for nourishing the lungs, relieving dryness, strengthening the spleen, dispelling dampness, replenishing Qi, and warming the stomach, all of which help enhance the body's immunity and maintain health and vitality.

Parents and students may register together or individually. The details are as follows:

Date	January 16, 2026 (Friday)
Time	4:00 p.m. – 5:45 p.m.
Venue	Room 408, 4/F, Lok Sin Tong Leung Kau Kui College
Content	Each family will carve two narcissus bulbs and learn various health-promoting soup therapies.
Fee	\$20 (includes two narcissus bulbs, a plastic basin and instructor fees) [The remaining amount will be subsidized by the PTA]
Quota	20 families (If the number of applications exceeds the quota, priority will be given to parents joining with their children. Remaining slots will be allocated by computer lottery.)
Remarks	The lottery results will be announced on or before January 9, 2026. Notifications will be sent to students, and the successful participants' list will also be posted on the PTA notice board on the 5 th floor.



Yours sincerely,

The Parents' and Teachers' Association
Lok Sin Tong Leung Kau Kui College



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【Please return the reply slip on or before January 7 (Wednesday) via the eClass Parent App】

Dear Parents' and Teachers' Association,

I have acknowledged the arrangements for the “Narcissus Bulb Carving Technique & Fun with Traditional Chinese Medicine – Health-Promoting Soup Therapy Workshop.” I will*

- ☐ join the workshop with my child(ren). Total number of participants is _____.
- ☐ join the workshop by myself. Total number of participants is _____.
- ☐ allow my child(ren) to join the workshop independently.
- ☐ not join the workshop.

Parent's/Guardian's Signature: _____

Parent's/Guardian's Name: _____

Student's Name: _____

Class and Class Number: _____ ()

Date: _____

*Please put a “√” in the appropriate box.